

# *Health Seminar and Public Forum*



By

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Radio Talk Show Host of Otter Health Show on KEQQ FM in Grand Forks*

*Hosted by the*

***Karlstad Seventh-day Adventist Church***

Highway 59 South, Karlstad, MN 56732

*Saturday, March 28, 2026, At 11:30 AM*

***“Cancer Causes and Cures”***

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*Saturday, March 28, 2026, At 3:00 PM*

***“Spices Can Help You Live Longer”***

Free

*Your Questions Answered*

Free